



AMERICAN
POWERLIFTING
FEDERATION
ILLINOIS

October 20, 2007

APF/AAPF RISE OF THE DEADLIFT

- Meet Director:** Eric Stone - (630) 794-0594 or thestone@chicagopowerlifting.com
- Event:** Deadlift only
- Place:** Velocity Sports - 7051 S. Adams Street Willowbrook, IL 60527
- Lifting Session:** Saturday October 20, 2007 @ 10:00 a.m.
- Sanction/Rules:** Sanctioned by the American Powerlifting Federation (APF). Check www.worldpowerliftingcongress.com for information and rulebook.
One piece lifting suit required.
- Weigh-ins:** Friday October 19 - 10:00 a.m. to 11:30 a.m., 7:00 to 8:00 p.m.
Saturday October 20 - 8:00 to 9:00 a.m.
- Equipment:** A deadlift bar will be used on the platform, and a minimum of 2 deadlift bars will be available in the warm-up room.
- Eligibility:** Open to all APF/AAPF members. **Lifters may become a member before weighing-in, or otherwise must present their card at weigh-ins.** Registration is \$30, \$40 for both APF and AAPF; 1/2 for high schoolers.
- Records:** Lifters will be able to break APF/AAPF American Deadlift only Records.
- Entry Fee:** The entry fee is \$50 for one division, and \$25 for each additional division.
NO REFUNDS.
- Deadline:** **The entry deadline is October 10 - Postmark mailed entries by October 8. Late entries may be accepted with a \$25 late fee.**
- Awards:** Trophies will be given to the first three places in all Men and Women divisions. Best Lifter awards will be given according to the Glossbrenner Formula, in divisions based on the content of the entries.

Make Checks Payable To:
Eric Stone, 16B Kingery Quarter #207 Willowbrook, IL 60527

In consideration of the acceptance of this entry thereby for myself, my heirs, executors, and administrators waive and release any and all claims and damages I may have against the APF/AAPF, Eric Stone, Dale Deastch, Velocity Sports Performance, their representatives, successors, and assigns for any and all injuries or bodily harm that I may suffer while competing at the APF/AAPF Rise of the Deadlift. I attest and verify that I have full knowledge of the risks involved with my participation in this event, and that to the best of my knowledge I am physically fit and able to participate in this event. I understand there is random drug testing by urinalysis on a minimum of 10% of all AAPF lifters. AAPF/AWPC policy permanently bans any lifter testing positive for a banned substance.

Signature: _____ Date: _____

Parent/Guardian (if under 18): _____ Date: _____

Print Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: (_____) _____ Email: _____

Date of Birth: _____ Age : _____ Gender: _____

Circle Weight Class:

Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW

Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, UNL

Circle Division(s) Entered:

A \$25 fee for each additional sanction/division.

Sanction: APF AAPF (drug tested)

Division: Teen 13-15, 16-17, 18-19, Junior 20-23, Open, SubMaster 33-39,
Master 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

For more entry forms, go to APF-Illinois.com

T-Shirt Pre-Order Form

Pre-order your official **RISE OF THE DEADLIFT** T-shirt from Absolute Power Gymwear!



T-shirts are \$15 each, please include the total cost of t-shirts ordered with your entry fee, along with this form. List below the number of each size you would like to order:

XXXL: _____

XXL: _____

XL: _____

L: _____

M: _____

Total Number: _____ x \$15 = _____